

CURRICULUM VITAE

Joseph P. Allen, Ph.D.
Hugh P. Kelly Professor of Psychology
University of Virginia

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Personal Information
Born: October 30, 1958
Married, 3 children.

Education

Harvard Medical School	Post-doctoral Fellow in Research, 1986-1988
Yale University	Ph.D. In Clinical/Community Psychology, May 1986.
University of Virginia	B.A. in Psychology, May 1980.

Awards and Honors

NIH MERIT Award –R-01 grant converted to R-37 “To provide long-term grant support to investigators whose research competence and productivity are distinctly superior and who are highly likely to continue to perform in an outstanding manner” Funding Extended for up to 10 years. Awarded 2018.

Bowlby-Ainsworth Award for Senior Contributions to Attachment Theory – *New York Attachment Consortium, Spring 2019*

Article of the Year – 2013 awarded by National Association of School Psychologists for *Allen, Gregory, et. al., 2013.*

Associate Editor, *Child Development*, 2001 -2007

Chair, National Institute of Mental Health Study Section for Grant Reviews, RPHB-1/CAPR, 1999 - 2002

Program Chair, 1998 Biennial Meeting of the Society for Research in Adolescence

William T. Grant Faculty Scholar - Awarded 1991 with accompanying 5-year grant.

Spencer Foundation Fellow -- Awarded 1990, with accompanying 2-year grant.

"1986 Community Psychology Dissertation of the Year" Award, American Psychological Association, Division of Community Psychology.

Current Position

9/89 - Assistant to Chaired Professor of Clinical, Developmental, and
Present Community Psychology, University of Virginia,
Charlottesville, Virginia

Research Grants

UVA President & Provost's Fund	Principal Investigator <i>Hoos Connected: A Scalable Intervention to Foster a Sense of Belonging and Enhance Mental Health In Entering UVA Students</i>	\$139,000 (2020-2021)
UVA Student Affairs Grant	Principal Investigator <i>Hoos Connected: A Scalable Intervention to Foster a Sense of Belonging and Enhance Mental Health In Entering UVA Students</i>	\$ 26,228 (2019-2020)
UVA Jefferson Trust	Principal Investigator <i>Hoos Connected: A Scalable Intervention to Foster a Sense of Belonging and Enhance Mental Health In Entering UVA Students</i>	\$ 26,000 (2017-2020)
National Institute of Child Health and Human Development	Principal Investigator Social Relationship Qualities as Predictors of Health & Aging from Adolescence through Midlife" (MERIT Award)	\$3,126,143 (2018-2023/ 2028 with extension)
William T. Grant Foundation	Principal Investigator The Connection Project: A Social Intervention to Reduce Drivers of Disparity for Disadvantaged Youth	\$ 709,610 (2016-2020)
Institute for Education Sciences	Co-Principal Investigator MTP-Team: A Scalable, Web-supported Peer-Learning Program for Implementing the My Teaching Partner-Secondary Approach	\$1,399,981 (2017-2020)
National Institute of Child Health and Human Development	Principal Investigator "Adolescent Peer and Family Relationship Predictors of Adult Health"	\$2,756,000 (2013-2018)
Institute for Education Sciences	Principal Investigator Increasing Adolescent Engagement, Motivation And Achievement: Efficacy of a Web-based, Teacher Professional Development Model	\$2,688,400 (2010-2015)

William T. Grant Foundation	Principal Investigator Supplemental Funding "Recasting the Secondary School Classroom as a Context for Positive Youth Development"	\$150,000 (2006-2013)
National Institute of Child Health and Human Development	Principal Investigator "Adolescent Peer Relations: Outcomes & Family Precursors"	\$2,750,000 (2008-2013)
William T. Grant Foundation	Principal Investigator "Recasting the Secondary School Classroom as a Context for Positive Youth Development"	\$1,251,445 (2006-2013)
National Institute of Mental Health	Principal Investigator "Adolescent Peer Relations: Outcomes & Family Precursors"	\$3,043,569 (2003-2008)
National Institute of Mental Health	Co-Principal Investigator "Across Generations: Family Life and Mental Health"	\$3,008,004 (2002-2006)
National Institute of Mental Health	Principal Investigator "Family Contexts of Developing Adolescent Peer Relations"	\$1,511,748 (1998-2003)
National Institute of Mental Health	Co-Principal Investigator "Across Generations: Family Life and Mental Health"	\$2,227,464 (1996-2001)
Spencer Foundation	Principal Investigator "Extra-curricular Influences on Paths Into and Out of Academic Difficulties Among At-Risk Adolescents"	\$ 238,885 (1995-1997)
William T. Grant Foundation	Principal Investigator "Longitudinal Studies of the Influence of Familial Relationships and Attachments on the Development of Problem Behaviors in At-Risk Adolescents"	\$ 175,000 (1991-1996)
Smith-Richardson Foundation	Principal Investigator "The Influence of Family Interactions and Adolescents' Models of Attachment Relationships on the Development of Problem Behaviors in At-Risk Adolescents"	\$ 128,312 (1991-1993)
Spencer Foundation	Principal Investigator (Fellowship)	\$ 30,000 (1990-1992)

	"The School as Socializing Agent for At-risk Adolescents"	
National Institute of Mental Health	Principal Investigator "Family Context of Adolescent Social Development"	\$ 40,653 (1989-1990)
National Institute of Mental Health	Co-Principal Investigator "Across Generations: Family Life and Mental Health"	\$1,145,793 (1993-1996)
National Institute of Mental Health	Co-Principal Investigator Supplemental Grant to "Across Generations: Family Life and Mental Health" to Study Issues Related to Women's Health	\$ 100,000 (1993-1995)
Lilly Foundation	Co-Principal Investigator "Across Generations: Family Life and Mental Health" Pilot Funding	\$ 39,375 (1993)
National Institute of Mental Health	Co-Investigator "Adolescent Paths to Early Adult Social Development"	\$ 638,992 (1989-1992)

Previous Related Experience

9/08 – 8/10	Director of Clinical Training, University of Virginia
9/88 - 8/89	<i>Instructor</i> - Harvard Medical School, Department of Psychiatry.
9/86 - 8/88	<i>Post-doctoral Fellow in Research</i> - Clinical Research Training Program, Harvard Medical School.
7/85 - 6/86	<i>Clinical Internship</i> - Department of Psychiatry, Yale University.

Professional Licensure and Affiliations

Licensed Clinical Psychologist, Commonwealth of Virginia
 Member, American Psychological Association
 Fellow, American Psychological Association
 Member, Society for Research in Child Development
 Member, Society for Research on Adolescence

Journal Reviews

Ad Hoc Reviewer

Child Development
Developmental Psychology
Journal of Consulting and Clinical Psychology
Journal of Research on Adolescence
Development and Psychopathology
Applied Developmental Science
American Journal of Community Psychology

Bibliography

Book

Hauser, S. T., & Allen, J. P., Golden, E. (2006). *Out of the Woods: Tales of Resilient Adolescents*. Cambridge, MA: Harvard University Press.

Allen, J. P., & Allen, C. W. (September, 2009). *Escaping the Endless Adolescence: How We Can Help Our Teenagers Grow Up Before They Grow Old*. New York: Random House.

Ingoglia, S., & Allen, J. P. (2010). *Autonomia e connessione nella relazione genitori-adolescenti: Una procedura d'osservazione delle interazioni familiari (Italian translation of Autonomy & Relatedness Coding System)*. Milano, Italy: Edizioni Unicopli.

Articles in refereed journals:

Aber, J. L. & Allen, J. P. (1987). The effects of maltreatment on young children's socio-emotional development: An attachment theory perspective. *Developmental Psychology*, 23, 406-414.

Allen, J. P., Weissberg, R. P. and Hawkins, J. (1989). The relation between values and social competence in early adolescence. *Developmental Psychology*, 25, 458-464.

Allen, J. P. (1989). Social impact of age mixing and age segregation in school: A context-sensitive investigation. *Journal of Educational Psychology*, 81, 408-416.

Kowal, L. W., Kottmeier, C. P., Ayoub, C., Komize, J. A., Robinson, D. S., & Allen, J. P. (1989). Families at risk of problems in parenting: Evaluation of a home-based secondary prevention program. *Child Welfare*, 68, 529-538.

Leadbeater, B. J., Hellner, I., Allen, J. P., & Aber, J. L. (1989). The assessment of interpersonal negotiation strategies in multi-problem youth. *Developmental Psychology*, 25, 465-472.

Allen, J. P., Aber, J. L. & Leadbeater, B. J. (1990). Adolescent problem behaviors:

The influence of attachment and autonomy. *Psychiatric Clinics of North America*, 13, 455-467.

Allen, J. P., Leadbeater, B. J., & Aber, J. L. (1990). The relationship of adolescents' expectations and values to delinquency, hard drug use and unprotected sexual intercourse. *Development and Psychopathology*, 2, 85-98.

Allen, J. P., Philliber, S., & Hoggson, N. (1990). School-based prevention of teenage pregnancy and school dropout: Process evaluation of the national replication of the Teen Outreach Program. *American Journal of Community Psychology*, 8, 505-524.

Allen, J. P., & Pfeiffer, S. I. (1991). Residential psychiatric treatment of adolescents who do not return to their families. *Comprehensive Mental Health Care*, 1, 209-222.

Allen, J. P., Hauser, S. T., Bell, K. L., & O'Connor, T. G., (1994). Longitudinal assessment of autonomy and relatedness in adolescent-family interactions as predictors of adolescent ego development and self-esteem. *Child Development*, 65, 179-194.

Allen, J. P., Hauser, S. T., Eickholt, C., Bell, K. L., & O'Connor, T. G. (1994). Autonomy and relatedness in family interactions as predictors of expressions of negative adolescent affect. *Journal of Research on Adolescence*, 4, 535-552.

Allen, J. P., Kuperminc, G., Philliber, S., & Herre, K. (1994). Programmatic prevention of adolescent problem behaviors: The role of autonomy, relatedness, and volunteer service in the Teen Outreach Program. *American Journal of Community Psychology*, 22, 617-638.

Allen, J. P., Leadbeater, B. J., & Aber, J. L. (1994). The Development of Problem Behavior Syndromes in At-Risk Adolescents. *Development and Psychopathology*, 6, 323-342.

Gralinski, J. H., Safyer, A. W., Hauser, S. T., & Allen, J. P. (1995). Self-cognitions and expressed negative emotions during mid-adolescence: Contributions to young adult psychological development. *Development and Psychopathology*, 7, 193-216.

Allen, J. P., Hauser, S. T., & Borman-Spurrell, E. (1996). Attachment Theory as a Framework for Understanding Sequelae of Severe Adolescent Psychopathology: An 11-Year Follow-up Study. *Journal of Consulting and Clinical Psychology*, 64, 254-263.

Allen, J. P., Hauser, S. T., O'Connor, T. G., Bell, K. L., & Eickholt, C. (1996). The Connection of Observed Hostile Family Conflict to Adolescents' Developing Autonomy and Relatedness With Parents. *Development and Psychopathology*, 8, 425-442.

Kuperminc, G. P., Allen, J. P., & Arthur, M. W. (1996). Autonomy, relatedness and male adolescent delinquency: Toward a multi-dimensional view of social competence. *Journal of Adolescent Research*, 11, 397-420.

- Moore, C., & Allen, J. P. (1996). The effects of volunteering on the young volunteer. *Journal of Primary Prevention, 17*, 231-258.
- Allen, J. P., & Hauser, S. T. (1996). Autonomy and Relatedness in Adolescent-Family Interactions as Predictors of Young Adults' States of Mind Regarding Attachment. *Development and Psychopathology, 8*, 793-809.
- Best, K. M., Hauser, S. T., & Allen, J. P. (1997). Predicting young adult competencies: Adolescent era parent and individual influences. *Journal of Research on Adolescence, 12*, 90-112.
- Allen, J. P., Philliber, S., Herrling, S., & Kuperminc, G. P. (1997). Preventing Teen Pregnancy and Academic Failure: Experimental evaluation of a developmentally-based approach. *Child Development, 64*, 729-742.
- Allen, J. P., Moore, C. M., Kuperminc, G. P., & Bell, K. L. (1998). Attachment and Adolescent Psychosocial Functioning. *Child Development, 69*, 1406-1419.
- Allen, J. P., & Allen, C. W. (1999). Getting the Elephant Out of the Courtroom: Applying Developmental Perspectives to the Disposition (Not Just the Adjudication) of Juvenile Offenders. *Virginia Journal of Social Policy & The Law, 6*, 101-109.
- Allen, J. P., Philliber, S. P. (2001) Who benefits most from a broadly targeted prevention Program?: Differential efficacy across populations in the Teen Outreach Program. *Journal of Community Psychology, 29*, 637-655.
- McElhaney, K. B., & Allen, J. P. (2001). Autonomy and Adolescent Social Functioning: The Moderating Effect of Risk. *Child Development, 72*, 220-231.
- Kuperminc, G. P., & Allen, J. P. (2001). Social Orientation: Problem Behavior and Motivations toward Interpersonal Problem Solving among High Risk Adolescents. *Journal of Youth and Adolescence, 30*, 597-622.
- Waldinger, R. J., Diguier, L., Guastella, F., Lefebvre, R., Allen, J. P., Luborsky, L., & Hauser, S. T. (2002). The same old song? Continuity and change in relationship schemas from adolescence to young adulthood. *Journal of Youth and Adolescence, 31*, 17-29.
- Allen, J. P., Hauser, S. T., O'Connor, T. G., & Bell, K. L. (2002). Prediction of peer-rated adult hostility from autonomy struggles in adolescent-family interactions. *Development and Psychopathology, 14*, 123-137.
- Allen, J. P., Marsh, P., McFarland, C., McElhaney, K. B., Land, D. J., Jodl, K. M., & Peck, S. D. (2002). Attachment and autonomy as predictors of the development of social skills and delinquency during midadolescence. *Journal of Consulting & Clinical Psychology, 70*, 56-66.
- Allen, J. P., McElhaney, K. B., Land, D. J., Kuperminc, G. P., Moore, C. M., O'Beirne-Kelley, H., et al. (2003). A Secure Base in Adolescence: Markers of Attachment Security in the Mother-Adolescent Relationship. *Child Development, 74*, 292-307.

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- Hennighausen, K. H., Hauser, S. T., Billings, R. L., Schultz, L. H., & Allen, J. P. (2004). Adolescent Ego-Development Trajectories and Young Adult Relationship Outcomes. *Journal of Early Adolescence, 24*(1), 29-44.
- Best, K. M., Hauser, S. T., Gralinski-Bakker, J. H., Allen, J. P., & Crowell, J. A. (2004). Adolescents hospitalized for psychiatric disorders experience more emotional distress in adulthood. *Archives of Pediatrics and Adolescent Medicine, 158*, 749-752.
- Gralinski-Bakker, J. H., Hauser, S. T., Stott, C., Billings, R. L., & Allen, J. P. (2004). Markers of resilience and risk: Adult lives in a vulnerable population. *Research in Human Development, 1*, 291-326.
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- Berger, L. E., Jodl, K. M., Allen, J. P., McElhaney, K. B., & Kuperminc, G. P. (2005). When Adolescents Disagree With Others About Their Symptoms: Differences in Attachment Organization as an Explanation of Discrepancies Between Adolescent-, Parent-, and Peer-Reports of Behavior Problems. *Development & Psychopathology, 17*, 489-507.
- Allen, J. P., Porter, M. R., McFarland, C. F., Marsh, P. A., & McElhaney, K. B. (2005). The Two Faces of Adolescents' Success with Peers: Adolescent Popularity, Social Adaptation, and Deviant Behavior. *Child Development, 76*, 747-760.
- Schulz, M. S., Waldinger, R. J., Hauser, S. T., & Allen, J. P. (2005). Adolescents' behavior in the presence of interparental hostility: Developmental and emotion regulatory influences. *Development & Psychopathology, 17*, 489-507.
- Allen, J. P., Porter, M. R., & McFarland, C. F. (2006). Leaders and followers in adolescent close friendships: Susceptibility to peer influence as a predictor of peer pressure, risky behavior, and depression. *Development & Psychopathology, 18*, 155-172.

- Allen, J. P., Insabella, G. M., & Porter, M. R. (2006). A social-interactional model of the development of depressive symptoms in adolescence. *Journal of Consulting and Clinical Psychology, 74*(1), 55-65.
- Marsh, P., Allen, J. P., Ho, M., Porter, M. R., McFarland, C. F., & Tencer, H. L. (2006). The changing nature of adolescent friendships: Longitudinal links with early adolescent ego development. *Journal of Early Adolescence, 26*, 414-431.
- McElhaney, K. B., Immele, A., Smith, F. D., & Allen, J. P. (2006). Attachment organization as a moderator of the link between peer relationships and adolescent delinquency. *Attachment & Human Development, 8*, 33-46.
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- Allen, J. P., & Manning, N. (2007). From Safety to Affect Regulation: Attachment from the Vantage Point of Adolescence. *New Directions for Child and Adolescent Development, 117*, 23-39.
- Allen, J. P., Porter, M. R., McFarland, F. C., McElhaney, K. B., & Marsh, P. A. (2007). The relation of attachment security to adolescents' paternal and peer relationships, depression, and externalizing behavior. *Child Development, 78*, 1222-1239.
- Teachman, B. A., & Allen, J. P. (2007). Development of social anxiety: Social interaction predictors of implicit and explicit fear of negative evaluation. *Journal of Abnormal Child Psychology, 35*, 63-78.
- Tencer, H. T., Allen, J. P., McElhaney, K. B., Moore, C. M., O'Beirne Kelly, H., & Davis, S. (2007). The use of harsh physical discipline and developmental outcomes in adolescence. *Development & Psychopathology, 19*, 227-242.
- Whitton, S. W., Waldinger, R. J., Schulz, M. S., Allen, J. P., Crowell, J. A., & Hauser, S. T. (2008). Prospective associations from family-of-origin interactions to adult marital interactions and relationship adjustment. *Journal of Family Psychology, 22*(2), 274-286.
- McElhaney, K. B., Porter, M. R., Thompson, L. W., & Allen, J. P. (2008). Apples and Oranges: Divergent Meanings of Maternal and Adolescent Perceptions of Parental Influence. *Journal of Early Adolescence, 28*(2), 206-229.
- McElhaney, K. B., J. Antonishak, Allen, J. P. (2008). They like me, they like me not: Popularity and adolescents' perceptions of acceptance predicting changing social functioning over time. *Child Development, 79*, 720-731.
- Schad, M. M., Szwedo, D. E., Antonishak, J., Hare, A., & Allen, J. P. (2008). The broader context of relational aggression in adolescent romantic relationships: Predictions from peer pressure and links to psychosocial functioning. *Journal of Youth and Adolescence, 37*(3), 346-358.

- Chango, J. M., McElhaney, K. B., & Allen, J. P. (2009). Attachment organization and patterns of conflict resolution in friendships predicting adolescents' depressive symptoms over time. *Attachment & Human Development, 11*(4), 331-346.
- Hare, A. L., Miga, E. M., & Allen, J. P. (2009). Intergenerational transmission of aggression in romantic relationships: The moderating role of attachment security. *Journal of Family Psychology, 23*, 808-818.
- Marston, E. G., Hare, A., & Allen, J. P. (2010). Rejection sensitivity in late adolescence: social and emotional sequelae. *Journal of Research on Adolescence, 20*, 959-982.
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- Allen, J. P., Pianta, R. C., Gregory, A., Mikami, A. Y., & Lun, J. (2011). An interaction-based approach to enhancing secondary school instruction and student achievement. *Science, 333*(6045), 1034-1037. doi: 10.1126/science.1207998
- Mikami, A. Y., Gregory, A., Allen, J. P., Pianta, R. C., & Lun, J. (2011). Effects of a Teacher Professional Development Intervention on Peer Relationships in Secondary Classrooms. *School Psychology Review, 40*, 352-366.
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- Chango, J. M., McElhaney, K. B., Allen, J. P., Schad, M. M., & Marston, E. G. (2012). Relational stressors and depressive symptoms in late adolescence: Rejection sensitivity as a vulnerability. *Journal of Abnormal Child*

- Psychology*, 40(3), 369-379. PMID: 21927802
- Hafen, C., Allen, J. P., Mikami, A. Y., Anne, G., Hamre, B. K., & Pianta, R. C. (2012). The pivotal role of adolescent autonomy in secondary classrooms. *Journal of Youth & Adolescence*, 41(3), 245-255. PMID: 22198156
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- Brown, C., Oudekerk, B. A., Szwedo, D. E., & Allen, J. P. (2013). Inter-Parent Aggression as a Precursor to Disengagement Coping in Emerging Adulthood: The Buffering Role of Friendship Competence. *Social Development*, 22(4), 683-700.
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- Hafen, C. A., Spilker, A., Chango, J., Marston, E. G., & Allen, J. P. (2014). To Accept or To Reject: What Does One Expect? The Impact of Adolescent Rejection Sensitivity on Early Adult Romantic Relationships. *Journal of Research on Adolescence*, 24(1), 55-64.
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- Professional Development Program on Behavioral Engagement of Students in Middle and High School. *Psychology in the Schools*, 51(143-163).
- Allen, J. P., Schad, M. M., Oudekerk, B. A., & Chango, J. (2014). What ever happened to the 'cool' kids? Long-term sequelae of early adolescent pseudomature behavior. *Child Development*, 85(5), 1866-1880.
- Allen, J. P., Chango, J., Szwed, D. E., & Schad, M. M. (2014). Long-term sequelae of sub-clinical depressive symptoms in early adolescence. *Development & Psychopathology*, 26(1), 171-180.
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- Allen, J. P., Uchino, B. N., & Hafen, C. A. (2015). Running with the pack: Teen peer-relationship qualities as predictors of adult physical health. *Psychological Science*, 26(10), 1574-1583. doi: 10.1177/0956797615594118
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- Hafen, C. A., Hamre, B. K., Allen, J. P., Bell, C. A., Gitomer, D. H., & Pianta, R. C. (2015). Teaching Through Interactions in Secondary School Classrooms: Revisiting the Factor Structure and Practical Application of the Classroom Assessment Scoring System-Secondary. *Journal of Early Adolescence*, 35(5-6), 651-680. doi: 10.1177/0272431614537117
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