

# Filling links in 3-manifolds

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## Motivation.

A general theme: links (or knots) can be built in a general 3-manifold which in a sense are as “robust” as an embedded 1-complex can be. For example:

1. **Bing's theorem (1958):** A closed 3-manifold  $M$  is diffeomorphic to  $S^3$  if and only if every knot  $K$  in  $M$  is contained (“engulfed”) in a 3-ball.
2. **“Disk busting curves” (Myers, 1982):** For any compact 3-manifold  $M$  there is a knot  $K$  in  $M$  so that every essential sphere or disk meets  $K$ .

(Suitable versions of these questions are open in higher dimensions.)

## Motivation.

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1. **Bing's theorem (1958)**: A closed 3-manifold  $M$  is diffeomorphic to  $S^3$  if and only if every knot  $K$  in  $M$  is contained (“engulfed”) in a 3-ball.
2. **“Disk busting curves” (Myers, 1982)**: For any compact 3-manifold  $M$  there is a knot  $K$  in  $M$  so that every essential sphere or disk meets  $K$ .

These theorem trivially hold when  $K$  is replaced with a 1-complex.

This talk is about another instance of such a problem.

Preliminary definition: a *1-spine* or *spine* of a 3-manifold  $M$ :

- (a) (The “rank” definition) A spine is a 1-complex in  $M$  of least first Betti number, surjecting onto  $\pi_1(M)$ .

[1-complexes are considered up to  $I - H$  moves (a.k.a. Whitehead moves); so they may be thought of as handlebodies.]

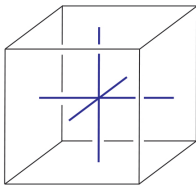


Figure: I-H

- (b) A spine is a handlebody in  $M$  up to isotopy with the property that it is onto on  $\pi_1$  but no smaller handlebody obtained from compression of a non-separating disk is onto.

We'll work with the (easier) rank definition:

- (a) (The “rank” definition) A **spine** is a 1-complex in  $M$  of least first Betti number, surjecting onto  $\pi_1(M)$ .



**Figure:** Example: the standard spine of the 3-torus.

The main notion of this talk:

Given a compact 3-manifold  $M$ , is there a link  $L$  in  $M$  so that whenever  $G$  is a spine in  $M$  and  $G$  is disjoint from  $L$ , then  $\pi_1(G) \longrightarrow \pi_1(M \setminus L)$  is injective?

If there is such a link  $L$ , we call it *filling* in  $M$ .

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If there is such a link  $L$ , we call it *filling* in  $M$ .

It is easy to find a *filling 1-complex* in any 3-manifold (a spine of a Heegaard handlebody):

**Lemma** *Let  $M = H \cup H^*$  be a Heegaard decomposition. Then given a spine  $G \subset M$ , any embedding  $i: G \longrightarrow M \setminus H^*$  induces an injection  $\pi_1 G \hookrightarrow \pi_1(M \setminus H^*)$ .*

**Lemma (filling 1-complex)** *Let  $M = H \cup H^*$  be a Heegaard decomposition. Then given a spine  $G \subset M$ , any embedding  $i: G \longrightarrow M \setminus H^*$  induces an injection  $\pi_1 G \hookrightarrow \pi_1(M \setminus H^*)$ .*

[Recall: A **spine** is a 1-complex in  $M$  of least first Betti number, surjecting onto  $\pi_1(M)$ .]

*Proof.* Let  $\pi$  be the image of  $\pi_1(G)$  in  $\pi_1(M \setminus H^*) \cong \pi_1(H)$ .

Being a subgroup of a free group,  $\pi$  is free. Also  $\text{rank}(\pi)$  is less than or equal  $\text{rank}(\pi_1(G))$  since the map  $\pi_1(G) \longrightarrow \pi$  is onto.

If that map has a kernel, by the Hopfian property of free groups  $\text{rank}(\pi) < \text{rank}(\pi_1(G))$ , contradicting minimal rank. □

$$\pi_1(G) \longrightarrow \pi_1(M \setminus H^*) \longrightarrow \pi_1(M)$$



## Elementary observations:

- We can find a *knot*  $K$  giving  $\pi_1$ -injectivity for a *fixed* embedding of a spine  $H$  (of a Heegaard handlebody):

Consider a minimal genus Heegaard decomposition  $M^3 = H \cup H^*$ , and let  $K$  be a diskbusting curve in the handlebody  $H^*$ . If  $\pi_1 H \rightarrow \pi_1(M \setminus K)$  had kernel, by the loop theorem there would be a compressing disk in  $H^*$  disjoint from  $K$ , a contradiction.

- The problem of finding a filling link  $L$  (so an *arbitrary* embedding of a spine is  $\pi_1$ -injective in  $M \setminus L$ ) has a trivial solution for genus one 3-manifolds:

$M^3 = H \cup H^*$  where  $H, H^*$  are solid tori. A filling knot is given by the core circle of  $H^*$ .

This talk will focus on the case of  $M =$  the 3-torus  $T^3$ .

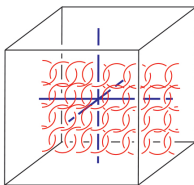
The problem of  $\pi_1$ -injectivity of *any* embedding of a spine  $G$  in the complement of a given link  $L$  in  $T^3$  is subtle.

$\ker[\pi_1 G \longrightarrow \pi_1 T^3]$  is the commutator subgroup of the free group  $\pi_1 G$  on 3 generators.

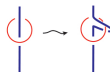
$$\begin{array}{ccc} & & \pi_1 T^3 \\ & \nearrow & \uparrow \\ \pi_1 G & \xrightarrow{1-1?} & \pi_1(T^3 \setminus L) \end{array}$$

A standard classical tool for showing injectivity of maps of the free group is the [Stallings theorem](#). However it does not directly apply here (as I will explain next).

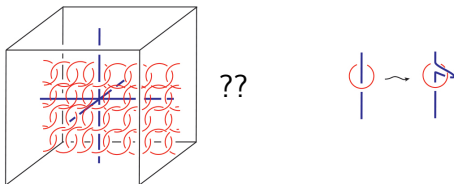
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??



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We establish a weaker result:

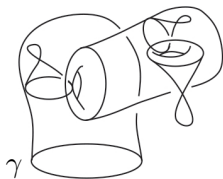
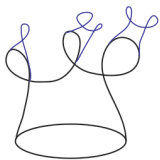
A link  $L \subset M$  is  *$k$ -filling* if whenever  $G$  is a spine in  $M$  and  $G$  is disjoint from  $L$ , the injectivity holds modulo the  $k$ th term of the lower central series:  $\pi_1 G / (\pi_1 G)_k \twoheadrightarrow \pi_1(M \setminus L) / \pi_1(M \setminus L)_k$ .

**Theorem (Freedman-K., 2020)**

*For any  $k \geq 2$  there exists a  $k$ -filling link in  $T^3$ .*

It is interesting to note the similarity of the problem with the current state of knowledge of the topological 4-dimensional surgery theorem for free non-abelian groups.

The underlying technical statement, the  $\pi_1$ -null disk lemma, also has a variable homotopy, and the question is whether the map on  $\pi_1$  can be made *trivial*. One can solve the problem modulo any term of the lower central series, but the question itself is open.



Does  $\gamma$  bound a  $\pi_1$ -null disk in a 4D thickening of the capped grope?

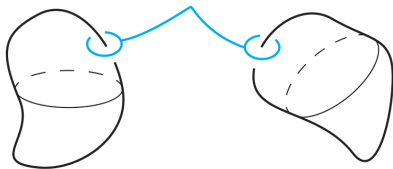
## [Digression: the Stallings theorem]

Given a group  $A$ , its lower central series is defined inductively by  $A_1 = A$ ,  $A_k = [A_{k-1}, A]$ ;  $A_\omega = \bigcap_{k=1}^{\infty} A_k$ .

**Stallings' theorem (1965)** *Let  $f: A \longrightarrow B$  be a group homomorphism inducing an isomorphism on  $H_1$  and an epimorphism on  $H_2$ . Then  $f$  induces an isomorphism  $A/A_k \longrightarrow B/B_k$  for all finite  $k$ , and an injective map  $A/A_\omega \longrightarrow B/B_\omega$ .*

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**Example:** Consider  $S^2 \sqcup S^2 \hookrightarrow \mathbb{R}^4$ .

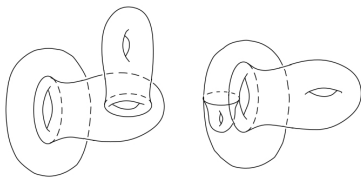


Take  $A = \pi_1(S^1 \vee S^1)$ ,  $B = \pi_1(\mathbb{R}^4 \setminus (S^2 \sqcup S^2))$ . It follows that  $\pi_1(\mathbb{R}^4 \setminus (S^2 \sqcup S^2))$  is isomorphic to the free group modulo any finite term of the l.c.s. Moreover,  $\text{Free}_2 \hookrightarrow \pi_1(\mathbb{R}^4 \setminus (S^2 \sqcup S^2))$ .

**Stallings' theorem** Let  $f: A \rightarrow B$  be a group homomorphism inducing an isomorphism on  $H_1$  and an epimorphism on  $H_2$ . Then  $f$  induces an isomorphism  $A/A_k \rightarrow B/B_k$  for all finite  $k$ , and an injective map  $A/A_\omega \rightarrow B/B_\omega$ .

Dwyer extended the theorem, relaxing the surjectivity to be onto  $H_2$  modulo the  $k$ -th term of the *Dwyer filtration*:

$$\phi_n(A) = \ker[H_2(A) \rightarrow H_2(A/A_n)]$$



(Geometrically  $\phi_n(A)$  is represented by maps of *gropes* of height  $n - 1$ .)



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**Dwyer's theorem (1975)** *Assuming that  $f: A \longrightarrow B$  is an isomorphism on  $H_1$ ,  $f$  induces an isomorphism  $A/A_{k+1} \longrightarrow B/B_{k+1}$  if and only if it induces an epimorphism  $H_2(A)/\phi_k(A) \longrightarrow H_2(B)/\phi_k(B)$ .*

The Stallings theorem does *not* work in general for the *derived series*.

For a group  $B$ , its derived series is defined by  $B^{(0)} = B$ ,  $B^{(n+1)} = [B^{(n)}, B^{(n)}]$ .

But there is a version of the theorem for the *torsion-free derived series* (a notion due to Harvey). A corollary when the domain is the free group:

**Theorem (Cochran - Harvey, 2008)** Suppose  $F$  is a free group,  $B$  is a finitely-related group,  $\phi: F \longrightarrow B$  induces a monomorphism on  $H_1(-; \mathbb{Q})$ , and  $H_2(B; \mathbb{Q})$  is spanned by  $B^{(n)}$ -surfaces. Then  $\phi$  induces a monomorphism  $F/F^{(n+1)} \hookrightarrow B/B^{(n+1)}$ .

The notion of  $B^{(n)}$ -surfaces (maps of surfaces into  $K(B, 1)$  where the image on  $\pi_1$  is in  $B^{(n)}$ ) gives an analogue of the Dwyer filtration in the derived setting.

[Back to the existence of fillings links]

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The Stallings theorem does not apply to the map  $\pi_1 G \longrightarrow \pi_1(T^3 \setminus L)$  because it is not surjective on second homology, and it is injective, rather than an isomorphism, on  $H_1$ .

The complexity of the problem reflects the fact that the image of the map on  $\pi_1$  depends on the embedding of the spine  $G$ .

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One may attempt to apply the Stallings theorem to the map  $[\pi_1 G, \pi_1 G] \rightarrow K$ , where  $K$  is the kernel  $\pi_1(T^3 \setminus L) \rightarrow \pi_1(T^3)$ . But injectivity of the infinitely generated first homology of the commutator subgroup is hard to establish when the embedding  $G \rightarrow T^3 \setminus L$  changes by an arbitrary homotopy.

[Back to the main theorem]

A link  $L \subset M$  is *k-filling* if whenever  $G$  is a spine in  $M$  and  $G$  is disjoint from  $L$ , the injectivity holds modulo the  $k$ th term of the lower central series:  $\pi_1 G / (\pi_1 G)_k \twoheadrightarrow \pi_1(M \setminus L) / \pi_1(M \setminus L)_k$ .

**Theorem (Freedman-K., 2020)**

*For any  $k \geq 2$  there exists a  $k$ -filling link in  $T^3$ .*

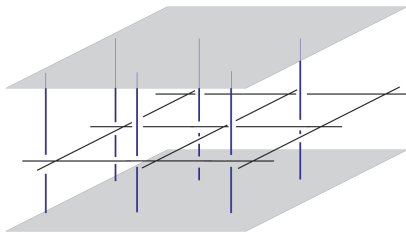
To prove the theorem we give an extension of the Stallings theorem using powers of the augmentation ideal  $\mathbb{Z}[\mathbb{Z}^3]$ , which applies uniformly to all embeddings  $G \longrightarrow T^3 \setminus L$ , where the conclusion holds modulo a given term of the lower central series.

## Main steps of the proof:

- An equivariant homological framework for analyzing the effect of homotopies of a spine in terms of powers of the augmentation ideal.
- Construction of links satisfying the homological conditions.
- An extension of the Stallings theorem, relating powers of the augmentation ideal to the lower central series.

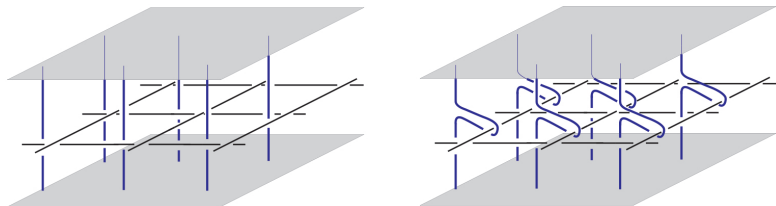
Consider the *relative case* where the construction of  $k$ -filling links is easier to describe,  $M = T^2 \times I$ .

Fix the standard “relative spine”  $G = (\{*\} \times I) \cup (T^2 \times \partial I)$ , and the dual spine  $G^* = S^1 \vee S^1 \subset T^2 \times \{1/2\}$ . Their preimages in the universal cover:



**Figure:** The preimage  $\tilde{G}$  in the universal cover  $\mathbb{R}^2 \times I$  of the standard relative spine  $G = (\{*\} \times I) \cup (T^2 \times \partial I)$  consists of the top and bottom shaded panels union the vertical line segments. The mid-level horizontal grid is the preimage of the dual spine  $S^1 \vee S^1 \subset T^2 \times \{1/2\}$ .

The goal is to analyze the map on  $\pi_1$  induced by inclusion when  $G^*$  is replaced by a link. In this figure the link  $L$  is obtained by “resolving” the dual spine  $G^*$  into two disjoint essential circles.



**Figure:** An example of a link  $L \subset T^2 \times (0, 1)$ , and a finger move.

Different embeddings of the vertical interval are related by homotopies that may pass through link components and may be thought of as finger moves.



$G$ : the standard embedding of the relative spine into  $T^2 \times I$ ;  $\tilde{G}$ : its preimage in the universal cover. The notation  $G', \tilde{G}'$  will be used for an arbitrary embedding, i.e. related to the standard embedding by finger moves. The fundamental group of  $\tilde{G}$ , and also of  $\tilde{G}'$  is

$$K := \ker[\mathbb{Z}^2 * \mathbb{Z}^2 \longrightarrow \mathbb{Z}^2].$$

Let  $L$  be any link in  $T^2 \times (0, 1)$  whose components are all essential in  $\pi_1(T^2)$ , and let  $\tilde{L}$  denote its preimage: a  $\mathbb{Z}^2$ -equivariant collection of lines in the universal cover.

Note:  $\pi_1(\mathbb{R}^2 \times I \setminus \tilde{L})$  is free.

The starting point is to analyze the injectivity of the map  $\alpha$  in the commutative triangle

$$\begin{array}{ccc}
 \pi_1(G) & \xrightarrow{\alpha} & \pi_1(T^2 \times I \setminus L) \\
 & \searrow \beta & \downarrow \gamma \\
 & & \pi_1(T^2 \times I)
 \end{array}$$

The focus is on the map

$$K \longrightarrow \pi_1(\mathbb{R}^2 \times I \setminus \tilde{L}). \quad (1)$$

Denote by  $J$  the first homology of  $\tilde{G}$ ,  $J = K/[K, K]$ , and let  $H$  denote  $H_1(\mathbb{R}^2 \times I \setminus \tilde{L})$ . Since  $\pi_1(\mathbb{R}^2 \times I \setminus \tilde{L})$  is a free group, if  $J \rightarrow H$  were injective, the Stallings theorem would imply that the map

$$K \rightarrow \pi_1(\mathbb{R}^2 \times I \setminus \tilde{L}). \quad (2)$$

is injective (for the standard spine  $G$ ).

Denote the map  $J \rightarrow H$  by  $Lk$ . The group  $H$  is generated by meridians  $m(l)$ , one for each line  $l$  in  $\tilde{L}$ . The map  $Lk$  is given by  $\mathbb{Z}^2$ -equivariant linking, sending a 1-cycle  $c$  in  $\tilde{G}$  to a linear combination of meridians  $\sum_i a_i m(l_i)$ , where the coefficient  $a_i \in \mathbb{Z}[\mathbb{Z}^2]$  is the linking “number” of  $c$  and  $l_i$ . Since there is a single generator  $m(l)$  for each line  $l$ , when there is no risk of confusion we will write

$$Lk(c) = \sum_i a_i l_i.$$

As a module over  $\mathbb{Z}[\mathbb{Z}^2]$ ,  $J$  is generated by the boundaries of two vertical “plaquettes”, denoted  $P_x$  and  $P_y$ . Think of elements of  $J$  as linear combinations of these plaquettes, with coefficients in  $\mathbb{Z}[\mathbb{Z}^2]$ . The translations in the directions perpendicular to  $P_x, P_y$  are denoted respectively by  $x, y$ . Note that the relation

$$(1 - x)P_x + (1 - y)P_y = 0 \quad (3)$$

holds in  $J$ .

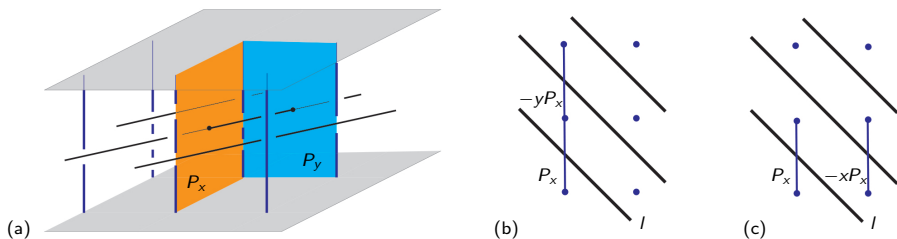


Figure:

(a): Plaquettes  $P_x, P_y$  generating  $J$  over  $\mathbb{Z}[\mathbb{Z}^2]$ .

(b), (c): Projection onto  $\mathbb{R}^2$ ; dots represent the preimage of the edge  $\{*\} \times I$  of the relative spine.

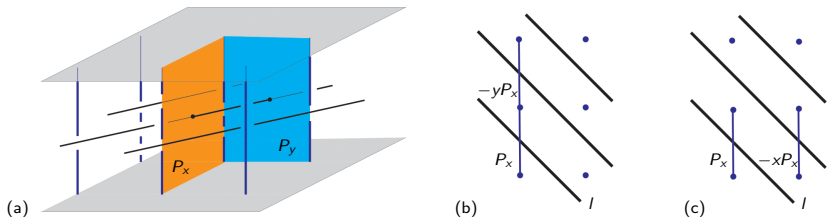


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(b), (c): Projection onto  $\mathbb{R}^2$ ; dots represent the preimage of the edge  $\{*\} \times I$  of the relative spine.

The figure shows the case when the link  $L$  has a single component, the  $(1, 1)$ -curve in the torus  $T^2 \times \{1/2\}$ . In this case the two translations act the same way on  $\tilde{L}$ : for any line  $l$ ,  $xl = yl$ . (b, c) show the projection onto  $\mathbb{R}^2$  of two elements of  $J$ :  $(1 - y)P_x$ ,  $(1 - x)P_x$ . Denoting the line intersecting the plaquette  $P_x$  by  $l_0$ , we have

$$Lk((1 - y)P_x) = (1 - y)l_0, \quad Lk((1 - x)P_x) = (1 - x)l_0.$$

Since  $(1 - y)l_0 = (1 - x)l_0$  in this example, the map  $J \rightarrow H$  is not injective.

Consider elements of  $\mathbb{Z}[\mathbb{Z}^2]$  as Laurent polynomials in two commuting variables  $x, y$ . Let  $I$  denote the augmentation ideal of  $\mathbb{Z}[\mathbb{Z}^2]$ . The following lemma provides a convenient tool for analyzing the injectivity of the linking map for an arbitrary spine, modulo powers of the augmentation ideal.

### Lemma

If

$$i_k: I^k J / I^{k+1} J \longrightarrow I^k H / I^{k+1} H$$

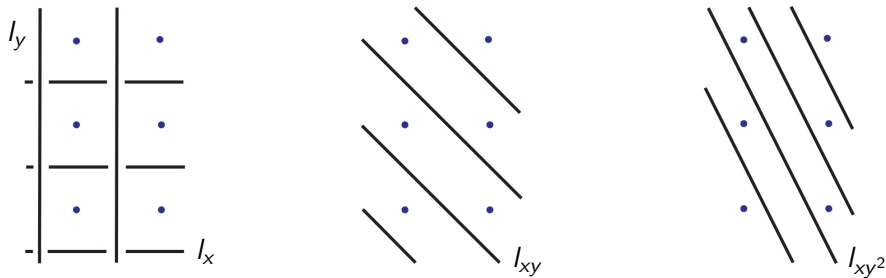
is injective for some  $k$ , then for any relative spine  $G' \subset T^3 \setminus L$ ,

$$i'_k: I^k J' / I^{k+1} J' \longrightarrow I^k H / I^{k+1} H$$

is injective. Here  $i_k, i'_k$  are the map induced by the inclusions of  $G, G'$  into  $T^3 \setminus L$ .

## Lemma

For any  $k$  there exists a link  $L_k \subset T^2 \times I$  such that  $i_j: I^j J / I^{j+1} J \rightarrow I^j H / I^{j+1} H$  is injective for all  $1 \leq j \leq k$ .



**Figure:** The preimage of the curves in  $T^2 \times I$  in the universal cover: projection of  $\mathbb{R}^2 \times I$  onto  $\mathbb{R}^2$  is shown; the dots represent the preimage of the edge  $\{*\} \times I$  of the relative spine.

## Powers of the augmentation ideal and the lower central series

Let  $i': G' \longrightarrow T^3 \setminus L$  denote any spine homotopic to the standard spine  $G$ , where  $L$  is a link whose components are all essential in  $\pi_1 T^3$ .

Recall the notation:

$F$  denotes  $\pi_1 G'$ , the free group on three generators, and

$$K := \ker [\pi_1(T^3 \setminus L) \longrightarrow \pi_1 T^3]$$

is isomorphic to  $\pi_1(\mathbb{R}^3 \setminus \tilde{L})$ , a free group.  $J'$  denotes the first homology of the preimage  $\tilde{G}'$  of  $G'$  in  $\mathbb{R}^3$  and  $H$  denotes  $H_1(\mathbb{R}^3 \setminus \tilde{L})$ ,

$$J' \cong F_2/[F_2, F_2], \quad H \cong K/[K, K].$$

$J'$  and  $H$  are considered as modules over  $\mathbb{Z}[\mathbb{Z}^3]$ , and  $I^k$  denotes the  $k$ -th power of the augmentation ideal  $I$  of  $\mathbb{Z}[\mathbb{Z}^3]$ .



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$J'$  and  $H$  are considered as modules over  $\mathbb{Z}[\mathbb{Z}^3]$ , and  $I^k$  denotes the  $k$ -th power of the augmentation ideal  $I$  of  $\mathbb{Z}[\mathbb{Z}^3]$ .

The main result relating the filtrations of  $J'$ ,  $H$  in terms of powers of the augmentation ideal and the lower central series:

**Lemma.** *Suppose  $J'/I^k J' \longrightarrow H/I^k H$  is injective for some  $k$ . Then the map*

$$F/F_{k+1} \longrightarrow \pi_1(M \setminus L)/\pi_1(M \setminus L)_{k+1}$$

*is injective.*

**Lemma.** Suppose  $J'/I^k J' \longrightarrow H/I^k H$  is injective for some  $k$ . Then the map

$$F/F_{k+1} \longrightarrow \pi_1(M \setminus L)/\pi_1(M \setminus L)_{k+1}$$

is injective.

Consider

$$\pi := \text{image} [F \xrightarrow{i'_*} \pi_1(T^3 \setminus L)]. \quad (4)$$

The proof is by induction on  $k$ ; the inductive assumption is that  $F/F_k \longrightarrow \pi/\pi_k$  is an isomorphism. The strategy is motivated by the proof of the Stallings theorem.

Note that both  $F_2$  and  $\pi_2$  are free groups but the map  $F_2 \longrightarrow \pi_2$  is not an isomorphism on  $H_1$ . Being an isomorphism on  $H_1$  is equivalent to  $J'/I^k J' \cong \overline{H}/I^k \overline{H}$  for all  $k$ . Rather the lemma has a weaker assumption,  $J'/I^k J' \cong \overline{H}/I^k \overline{H}$  for some fixed  $k$ .

Let  $\phi_k$  denote the inclusion  $F_k \subset F_2$  composed with the quotient map  $F_2 \longrightarrow F_2/[F_2, F_2]$ , and consider its kernel:

$$1 \longrightarrow F_k \cap [F_2, F_2] \longrightarrow F_k \xrightarrow{\phi_k} F_2/[F_2, F_2] \quad (5)$$

Denote the generators of  $F$  by  $x, y, z$ ; the same letters will denote the covering translations of  $\mathbb{R}^3$ .

A basic example, the triple commutator  $[[x, y], z] \in F_3$ . The map  $\phi_k$  is implemented by first expanding  $[[x, y], z] = [x, y] \cdot ([x, y]^{-1})^z$ . The first factor is mapped to the boundary of the plaquette  $P_z$ . The second factor is mapped to the boundary of this plaquette with the opposite orientation and shifted one unit up,  $-zP_z$ . So  $\phi_3([[x, y], z]) = (1 - z)P_z$ .

The image of  $\phi_k$  is  $I^{k-2}J \subset J$ .

The main ingredient in the proof of the inductive step:

$$\begin{array}{ccccccc}
 1 & \longrightarrow & \frac{F_k \cap [F_2, F_2]}{F_{k+1} \cap [F_2, F_2]} & \longrightarrow & \frac{F_k}{F_{k+1}} & \longrightarrow & \frac{I^{k-2}J}{I^{k-1}J} \longrightarrow 1 \\
 & & \downarrow \alpha & & \downarrow \beta & & \downarrow \gamma \\
 1 & \longrightarrow & \frac{\pi_k \cap [\pi_2, \pi_2]}{\pi_{k+1} \cap [\pi_2, \pi_2]} & \longrightarrow & \frac{\pi_k}{\pi_{k+1}} & \longrightarrow & \frac{I^{k-2}\overline{H}}{I^{k-1}\overline{H}} \longrightarrow 1
 \end{array} \tag{6}$$

Compare with the Stallings' proof:

$$\begin{array}{ccccccccc}
 H_2(A) & \rightarrow & H_2(A/A_\alpha) & \rightarrow & A_\alpha/A_{\alpha+1} & \rightarrow & H_1(A) & \rightarrow & H_1(A/A_\alpha) \\
 \downarrow & & \downarrow & & \downarrow & & \downarrow & & \downarrow \\
 H_2(B) & \rightarrow & H_2(B/B_\alpha) & \rightarrow & B_\alpha/B_{\alpha+1} & \leftarrow & H_1(B) & \rightarrow & H_1(B/B_\alpha)
 \end{array}$$

More recently Christopher Leininger and Alan Reid proved:

### Theorem

*Let  $M$  be a closed orientable 3-manifold such that  $\pi_1(M)$  has rank 2. Then  $M$  contains a filling hyperbolic link.*

The proof relies on work of Jaco-Shalen:

Let  $L \subset M$  be a hyperbolic link with at least 3 components.

The possibilities for the image  $H$  of  $\pi_1(G)$  in  $\pi_1(M \setminus L)$  are:

1.  $H$  is free of rank 2, or
2.  $H$  is free abelian of rank  $\leq 2$ , or
3.  $H$  has finite index in  $\pi_1(M \setminus L)$ .