



# FOOD HERITAGE CELEBRATIONS

---

Laura McCoy, Lucas Lyons, Shayna Stern  
May 3, 2012



# Food heritage celebrations are important because they...

- Educate local communities about regional traditions and growing food
- Highlight sense of place
- Food brings people together and is a critical component to any festival or community gathering
- Bolster the local economy

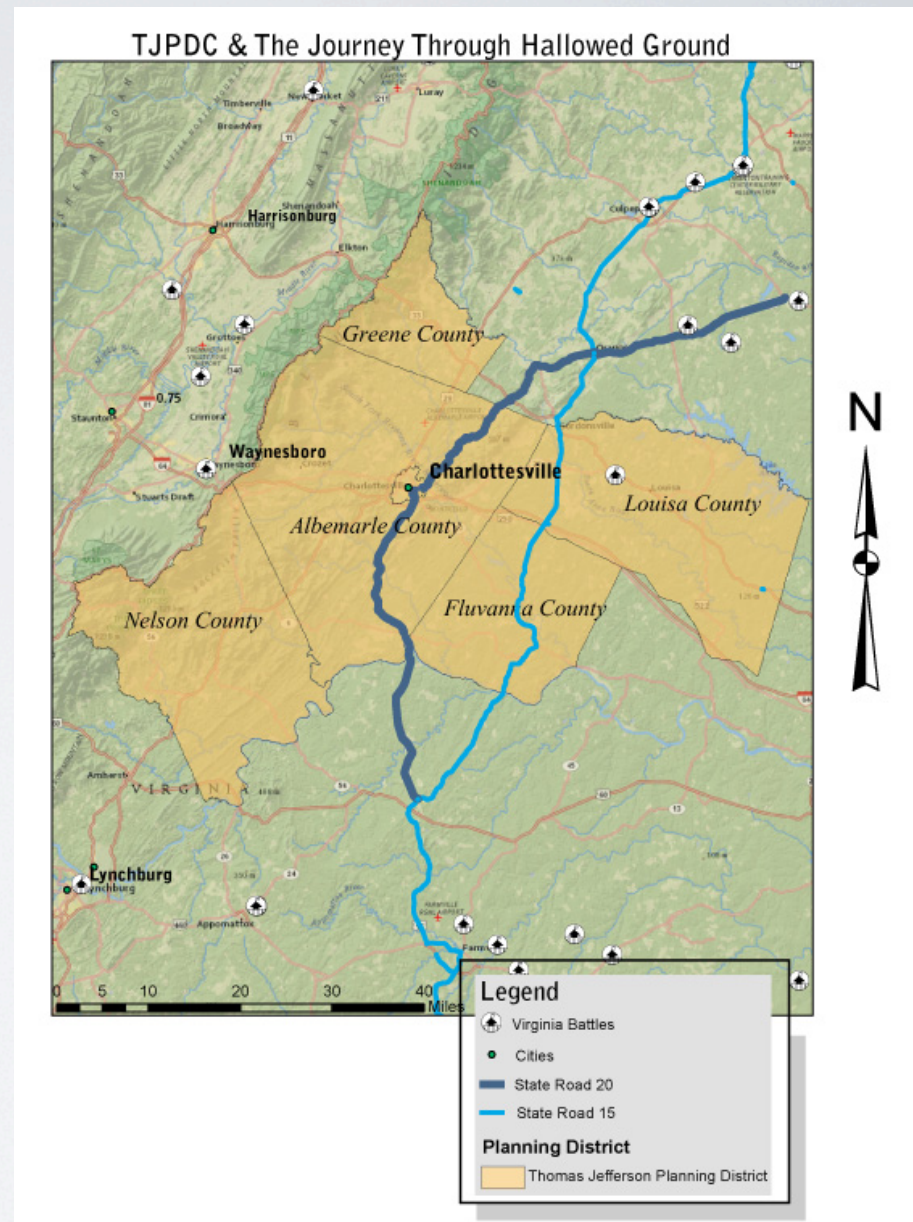
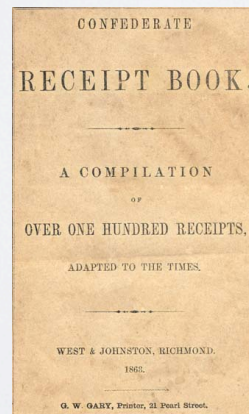


- IDEA 1:** Incorporate heritage food celebration into existing history and heritage sites through demonstrations and education.
- IDEA 2:** Support the development of a listing that showcases local food heritage festivals in partnership with PEC's Buy Fresh, Buy Local campaign.



# TOURISM & SUPPORT

- Incorporate heritage food education and demonstrations into regional historic tourism areas and events
- Example/Model: National Heritage Areas (Journey Through Hallowed Ground)
- Bolster economic benefits of tourism





# TOURISM & SUPPORT

---

- Encourage collaboration with PEC, the NPS and the Journey Through Hallowed Ground to expand awareness of heritage foods in Virginia by adding a heritage food aspect to its programs.
- Example: Sponsor Sesquicentennial events at local Civil War sites centered around food



Staples: Hard tack biscuits, cush cush, salted pork



## SUPPORT & EDUCATION

---



- Partner with PEC to create a guide that showcases heritage food celebrations
- Provide information for food tourists
- Boost local economy by advertising local heritage food
- Enhance region's ability to celebrate and experience heritage foods



"The most effective way for a community to appreciate its cultural heritage and share it with others is through public events that provide *live presentations of traditional activities...* Events that showcase the rituals and activities for each season in the life of the community or events based on the community's local economy or *important historical happenings can maintain traditions, increase appreciation for traditions, and often become a driver of economic development.*"

