

Forging Interdisciplinary Connections Empowering Students Promoting a Culture of Inclusivity

# Friday April 12<sup>th</sup>, 2024

## OUR MISSION

The Diversifying Scholarship Conference at the University of Virginia will advance the university's commitment to inclusivity by addressing several needs in higher education; namely, expanding scholarship focused on socially marginalized communities, reducing inequality, and alleviating the effects of discrimination. We seek to promote connections among undergraduates, graduate students, and faculty across different disciplines and institutions, fostering a commitment to inclusive research, pedagogy, and collaborative problem solving on social issues.

## DIVERSIFYING SCHOLARSHIP COMMITTEE

## **Executive Committee**

Meg Atkinson-Barnes, Natasha Bailey (*Chair*), Sophie Bell, Taylor Byron, Sareena Chadha (*Chair*), Sophie Clayton, Xavier Elzie, Nazirah Farach Rojo, Jordan Kerere, Ilana Ladis, Beatrice Li, Jackie Lisnek, Ghizlane Moustaid, Mengjun Yu

## Thank you to our sponsor who helped make this event possible:

UNIVERSITY VIRGINIA

Office of the Vice President and Chief Officer for Diversity and Equity

## SCHEDULE OF EVENTS (ALL TIMES IN EST)

8:50 AM	S	Sign on & welcome remarks
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9:00-9:50 AM	Presenter Sessions I	Room 1 – Connectedness Room 2 – Mental health Room 3 – DEI Policy
10:00-10:50 AM	Presenter Sessions II	Room 1 – Connectedness Room 2 – Minority Stress & Discrimination Room 3 – Social & Political Factors
11:00-11:50 AM	Professional Development Roundtable	<ul> <li>Dr. Riana Anderson – Columbia University, Associate Professor of Social Work and Clinical Psychology; RACE Space Inc., Founder</li> <li>Dr. Jenna Rowen – University of Illinois at Chicago, Associate Professor of Clinical Psychology; Office of Applied Psychological Services, Director</li> <li>Kayden Stockwell– UVA Developmental Psychology, graduate student</li> <li>Alec Davis – UVA Batten School of Public Policy, lab manager</li> </ul>
12:00 - 1:00 PM	Keynote Address "The Sources of Ableism and Its Undoing: A Call to Psychology"	<b>Dr. Michelle Nario-Redmond</b> Hiram College, Professor of Psychology and Biomedical Humanities
1:00 - 1:15 PM	Q&A with Dr. Michelle Nario-Redmond Concluding remarks	

## 9:00 AM Sessions

Room 1

#### Connectedness

**Khrystal Johnson**: "It's more than a book club": Counterspaces and bibliotherapic wellness among Black undergraduate women

**Caimiao Liu:** Examining the Effectiveness of Affirmation Messages in College Peer Support Programs

**L.E. Parsons**: Relationship stigma, mental health, and relationship factors among gender diverse adults

**Hanieh Naeimi**: Through the Cultural Looking Glass: Diversity Ideologies and Cultural Sharing in Intercultural Romantic Relationships

Room 2

#### Mental Health

**Kaitlyn Petz**: Mixed methods evaluation of brief mobile interventions targeting stress/anxiety about experiences of discrimination

**Sameeksha Panda**: Loss Burden and Resources: Understanding the Experiences of Grief since COVID-19 in a Sample of UCLA Undergraduates

**Bailey Skeeter**: Black yet Different: Examining Ethnic Differences in the Association Between Stress and Sleep Quality Among Black College Students

**Daniel Pai**: Combating a Culture of Shame and Stigma: Chinese American Christian Churches and Their Perceptions of Mental Health and Illness

**Adren Tucker**: The association between habitual sleep duration, depressive symptoms, and cognitive performance changes in a community-based sample of middle-aged adults and older adults

Room 3

#### **DEI Policy**

Adrija Halder: Towards Sustainable Choices: An Exploration Of Ecological Identity, Ecological Anxiety, And Self-Efficacy In Shaping Pro-Environmental Behavior Among Young Adults **Ritika Gupta**: Unintended Consequences of College-Level Affirmative Action on the Labor Market: Evidence from a Resume Audit Study

**Alexandra Garr-Schultz**: Restricting Diversity, Equity and Inclusion: Consequences of anti-DEI Policies for Universities

## 10:00 AM Sessions

Room 1

#### Connectedness

**Kayla Kellner**: The Role of Youth and Mother's Familism on Youth Mental Health in Mexican Families

**Annalisa Myer**: Et tu, Biracials? Examining perceptions of racial group membership among Black-White Biracials.

Andrea Satalla Escober: Supportive Interpersonal Processes and Depression Among Minoritized Students

**Cheyenne Harris-Starling**: Let's hear it from the girls: Leading community-engaged focus groups to identify and improve measurement of possible peer-related risk and resilience factors for suicide in Black girls in Charlottesville

Room 2

#### Social & Political Factors

**Sarah Moghaddam**: Does Religious Identity Influence the Racial Categorization of Middle Eastern and North African (MENA) Americans?

**Lily Tang**: Cultural Centers as Holding Spaces: Exploring the Importance, Evolution and Struggles of Cultural Spaces in PWIs through a Case Study of the UMass Yuri Kochiyama Cultural Center **Iwona Nowakowska**: Challenges for formal organizations that offer volunteering during regular and crisis times from the perspective of Polish and Italian volunteer coordinators

Room 3

#### Minority Stress & Discrimination

**Kamila Redd**: Who do racial minorities ruminate about discrimination with? **Miguel Castano**: Colorism and Racial Trauma Among BIPOC College Students **Max Miller**: Do Gay People in Communal Roles Elicit Greater Perceived Symbolic Threat and Sexual Prejudice?

**Maddie Hammer**: Not "Woman" Enough? Exploring Feminist Allyship Through Implicit Race-Gender Associations

Yuhang Shu: The impact of inequality on children's prosocial behaviors

**Divya Gordon**: The frequency and psychological effects of microaggressions and name mispronunciation in an independent school

## Asynchronous Poster Presenters

**Lillian Davidson**: Imposter! Bicultural Identity Integration (BII), Impostorism, and Psychological Outcomes in American Immigrants

**Olivia Yake**: The Rainbow [Social] Connection: Campus Climate and Psychological Outcomes for LGBTQ+ Students

### Please visit our website to view posters from this year's presenters: https://uva.theopenscholar.com/diversifyingscholarship/2024-posterpresentations